Tracy's School Dinners

	Monday	Tuesday	Wednesday	Thursday	Friday
Weeks starting: 09/11/2026 30/11/2026	Sausage in a roll[1] *Or Vege sausage in a roll*[1] Potato of the day	Sweet & Sour Pork[3] *Or Sweet & Sour Vegetables*[3] With Steamed Rice	Macaroni Cheese [12] Garlic Bread[12]	Roast Chicken *Or Quorn fillet*[1] Stuffing[1] Roast Potatoes, Gravy[1]	Omega 3 Fish Fingers[145] *Or Vege Fingers*[412] French Fries
Weeks starting: 16/11/2026 07/12/2026	Jacket Potato with a choice of fillings[25]	Mild Chicken & Lentil Curry *Or Vege Curry* Steamed rice Naan bread [1]	Pasta Bolognaise[1] *Or* *Vege Bolognaise* Pasta [1] Garlic Bread[12]	Sausages in Gravy[1] *Or Vege Sausage*[1] Mashed Potatoes	Chicken Nuggets[14] *Or Quorn Nuggets*[14] French Fries
Weeks starting: 02/11/2026 23/11/2026 14/12/2026	Home made Pork & Apple Burger[4] Or Home-made Vege burger[4] Potato of the day	Home-made Cheese and Tomato Pizza[12] New Potatoes	Meatballs with tomato sauce[14] *Or Vege balls*[14] With Pasta [1] Garlic Bread[12]	Roast Chicken *Or Quorn fillet*[1] Stuffing[1] Roast Potatoes, Gravy[1]	Salmon Fish Cake[4] *Or* *Vege Burger* French Fries

All meals are served with seasonal vegetables or choice of salads.

Dessert is Fruit or Yoghurt with a fruit or Vegetable based cake or biscuit once a week.

Allergens – You must inform the school of ANY allergies your child has.

Wheat[1] ***Seafood[5]*** ***Sulphites****

Sulphites Milk[2] ***Seasame seeds*** ***Mustard***

Soy[3] ***Peanut*****

Egg[4] ***Tree nuts*****

**** Most food contains Sulphite, if your child is allergic to please inform the school.***

*****The School is a Nut free zone.***

Subject to change at short notice.