

SUGGESTED TIMETABLE FOR REMOTE LEARNING

Below is an example of how you may wish to structure your child's day during Remote Learning. It is by no means an expectation from school; we fully appreciate that family demands are different on us all, so please utilise it if you wish. Time outdoors, talking and getting fresh air together is beneficial to us all, as is sharing stories and enjoying learning together in a positive environment.

If we can support you in any way during periods of Remote Learning then please don't hesitate to contact the school by telephoning 01263 761264 or email office@aldborough.norfolk.sch.uk

Before 9a.m	WAKE UP	Eat breakfast, make your bed, get dressed, brush your teeth
9:00 – 10:00	MATHS LEARNING TIME	Purple Mash/Tapestry Maths activities, BBC Teach, Times Tables Rockstars, counting games, etc...
10:00 – 10:30	MORNING EXERCISE	Enjoy some time outdoors getting some fresh air; Go Noodle; Joe Wicks, etc...
10:30 – 11:30	ENGLISH LEARNING TIME	Purple Mash/Tapestry English: Reading, Writing, Spelling/Phonics, Storytime
11:30 – 12:30	FOUNDATION SUBJECT LEARNING	Purple Mash/Tapestry Topic themed learning across the curriculum: History, Geography, RE, IT, PE
12:30 – 1:30	LUNCH	
1:30 – 3:00	ART/DESIGN TECHNOLOGY/PE	Drawing, painting, making, building, cooking, gardening, Science (Purple Mash)
Evening	STORYTIME	Share stories, listen to audiobooks, read to your child